ED aLFITR

Lid al-Fitr is an important three-day celebration that Muslims celebrate each year at the end of the holy month of Ramadan. Eid al-Fitr translates in English to 'The Breaking of the Fast Festival'. This is because Muslims fast during the month of Ramadan. They break the fast the night before Eid and celebrate the next day as it ends Ramadan. In most Muslim countries, the three days of Eid al-Fitr are public holidays, which means lots of people have time off to spend with their families and friends.

On the first morning of Eid al-Fitr, people get up early to get washed and dressed before going to the mosque to pray together. On this day, people usually wear new or beautiful traditional clothes. It is also common for women to have decorative patterns drawn on their hands with a special dye called henna.

ICT In groups, do some research and create your own Eid

al-Fitr quiz. Then, give it to another group to answer.

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Eid al-Fitr is also known as 'Sweet Eid', or 'The Sugar Feast' because sweet foods and desserts are eaten during this celebration. Lots of families have a big feast, but a major part of the meal is desserts and sweet sugary foods such as biscuits, milk puddings, cakes and pastries. A lot of the food served at Eid al-Fitr contains nuts, dates and fruit.

Another common part of Eid al-Fitr is the giving of gifts, especially to children. People often buy gifts for their family, friends and neighbours. All families that are financially able are obliged to give Zakat – they give money or gifts to those who are poor. Being charitable is one of the five pillars of the Islamic faith so it is an important part of eid celebrations.

